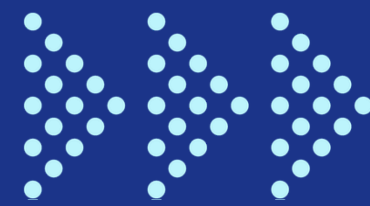




You're Invited



Step Up & Check In Walk & Brekkie

Join us for a Step Up & Check-In brekkie and walk in your local city, hosted by JLL. A great way to come together, get some steps in, enjoy a delicious brekkie to fuel you for the day and connect with other participants on R U OK? Day.

Thursday, 10 September 2026 | 8-9am | Grenfell Centre, Level 18/25 Grenfell St, Adelaide SA 5000

Please RSVP

Name/s

Email

Dietary + accessibility requirements to
contact@stepember.org.au
by 5 September 2026



Stepember

